



# Green Thumbs and Healthy Living

**Time: Fridays 9am to 3pm**

Term 1 – 8 weeks

Term 2 – 10 weeks

Term 3 – 10 weeks

Term 4 – 9 weeks

## Intended Outcome:

- Social connection and participation
- Gardening and life skill building
- increasing independence and confidence in daily living



*Centre Capital Cost Applies*  
*Access Community, Social And Rec Activities*



**swtafe.edu.au | 1300 648 911**

TAFE 3120

\* Valid for period of 2021. Cost may vary

**South West  
Disability Services**

Additional Participant contribution cost will be invoiced at beginning of program:

- Term 1 – \$26.40
- Term 2 – \$33.00
- Term 3 – \$33.00
- Term 4 – \$29.70

**Activities are based around plant care, growing, plant identification, nutrition, safety in the garden, physical activity and overall health. May include; visits to the community garden, tower hill, local nurseries etc, healthy choice selection, importance of activity etc.**

\*Participants will be responsible for their own costs that fall outside program coverage such as social outings, entry fees, etc.

\*Activity based transport will be invoiced from participants plans as applicable.