



Ladies Lifestyle Program

Time: Mondays 9am to 3pm

Term 1 – 8 weeks

Term 2 – 9 weeks

Term 3 – 10 weeks

Term 4 – 9 weeks

Intended Outcome:

- Social connection and participation
- Self-care skill building
- Increasing independence

Centre Capital Cost Applies

Access Community, Social And Rec Activities



swtafe.edu.au | 1300 648 911

TAFE 3120

** Valid for period of 2021. Cost may vary*



Additional Participant contribution cost will be invoiced at beginning of program:

- Term 1 – \$26.40
- Term 2 – \$29.70
- Term 3 – \$33
- Term 4 – \$29.70

Activities are based around social interaction and outings, self-care, and building healthy relationships. May include; self-pampering, skill building and independence in hygiene and skin care, social, community outings etc.

*Participants will be responsible for their own costs that fall outside program coverage such as social outings, entry fees, beauty salon appointments etc.

*Activity based transport will be invoiced from participants plans as applicable.

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**South West
Disability Services**