


A photograph of a young man with Down syndrome, wearing a purple hoodie, sitting at a wooden table outdoors. He is smiling broadly and giving a thumbs up. Next to him, another person is partially visible, wearing a dark jacket and glasses, looking towards the first man. On the table, there is a black football with 'T.W. SHEP' written on it, a red can, and a water bottle. The background shows green foliage. A large white circular graphic is in the top right corner. A red curved shape covers the bottom half of the image, containing text.

2022 NDIS Programs of Support

The South West Disability Services at South West TAFE aims to partner with people of all abilities and their communities to create life enhancing opportunities.



At South West Disability Services (SWDS), we offer programs of support for a maximum of 12 weeks in line with school terms. These are designed to target specific goals for participants during each program.

OUR PROGRAMS

Mondays

- Celebrating Friendships
- Producers - Steps and Songs
- Fun(D)raisers

Tuesdays

- I-Volunteer
- Taste the Flavour

Wednesdays

- Independence Builder
- Producers – Filming and design

Thursdays

- CLS – in the community
- Out and About Fitness

Fridays

- Story Teller
- Gardening and Wellbeing
- Creative Space

During school holiday breaks

- STRIVE Holiday Program, each day

Each program is offered once a term. Participants can elect to take part in one program separately or engage in all four programs each term throughout the year.

We often have waiting lists for our programs and we will liaise with you to advise of availability.

Our programs do not run on public holidays and will only be offered if there is enough interest.

Programs are subject to change based on availability of activities and capacity.

HOW TO REGISTER YOUR INTEREST FOR A PROGRAM

To express your interest in any of our programs, visit swtafe.edu.au/ndis to submit your interest online or to download the expressions of interest form and to submit it to us.

Office: Disability Services,
SWTAFE Warrnambool Campus

Email: disability.support@swtafe.edu.au

PAYMENTS FROM YOUR NDIS PLAN

Support costs utilise the social and community participation line item in your NDIS plan.

Our programs of support incur a centre capital cost as per the NDIA Price Guide. For more information please see our SWDS NDIS Programs fact sheet and Service Agreement Statement.

PARTICIPANT CONTRIBUTION

Your NDIS plan will not fund resources utilised within the programs. Therefore, a participant contribution has been detailed for each Program of Support. This will be shown on each program as a weekly cost. The participant contribution will be invoiced directly to you with the total cost for that term.

THE PROGRAMS:



CELEBRATING FRIENDSHIPS

Timetable: Mondays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

Start: New program starts at the beginning of each school term

Participant

contribution: \$3.30 per week, billed per term

During this program, participants will develop social connections and community opportunities supporting inclusion, wellbeing and respect. Participants are guided and supported to learn and practice self-care, build their social networks, meaningful friendships and respect of peers.

Program objectives:

- Improve social connection and participation.
- Build self-care skills.
- Increase independence.
- Develop respectful friendships.



PRODUCERS - STEPS AND SONGS

Timetable: Mondays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

Start: New program starts at the beginning of each school term

Participant

contribution: \$3.30 per week, billed per term

During this program, participants will explore beat, rhythm, movement and lyrics all while picking up skills using different instruments. Participants are supported to explore music and movement as we build up to writing our own songs.

Program objectives:

- Improve social connection and participation.
- Increase confidence.
- Develop fine motor skills through instruments.



FUN(D)RAISERS

Timetable: Mondays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

Start: New program starts at the beginning of each school term

Participant

contribution: \$3.30 per week, billed per term

During this program, participants will explore the world of awareness, fund-raising and event planning as we work as a team to develop, advertise and run a small event at the end of our program. Participants are supported to build their skills in planning, networking, communicating, advertising and running small events and activities.

Program objectives:

- Improve social connection and participation.
- Increase confidence.
- Develop communication and networking skills.
- Build on skills to develop and follow a plan.



I-VOLUNTEER

Timetable: Tuesdays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

Start: New program starts at the beginning of each school term

Participant

contribution: \$2 per week, billed per term

During this program, participants will explore opportunities to volunteer, gain experience and network within our local community. Participants are supported to engage with volunteering opportunities within community groups, including contacting groups, engaging in inductions and completing regular volunteering activities. Participants will require supporting documentation such as identification, volunteer working with children card etc. in order to complete volunteering activities.

Program objectives:

- Improve social connection and participation.
- Increase confidence.
- Develop communication and networking skills.
- Engage in volunteering opportunities.



TASTE THE FLAVOUR

Timetable: Tuesdays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

Start: New program starts at the beginning of each school term

Participant

contribution: \$5 per week, billed per term

Is it time to try new things? During this program, participants will build on their senses around food, sweet, sour, bitter, savoury, and how different cooking techniques change the flavour. Participants are supported to explore different ingredients and food, discover new flavour profiles and what works well together in a meal.

Program objectives:

- Follow step-by-step processes.
- Increase confidence in the kitchen.
- Learn safe knife and food preparation skills and food safety.
- Build knowledge about fresh food.



INDEPENDENCE BUILDER

Timetable: Wednesdays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

Start: New program starts at the beginning of each school term

Participant

contribution: \$3.30 per week, billed per term

During this program, participants will build on daily living skills and build their capacity to live more independently. Participants are supported to engage in a variety of daily living skill-based activities to build capacity around community access, ordering or booking appointments, laundry and other household tasks. Participants will also have the opportunity to work one-on-one with a support worker throughout the program to complete individualised activities based on their main goal.

Program objectives:

- Follow step-by-step processes.
- Increase confidence in daily living skills.
- Build capacity to complete tasks independently.



PRODUCERS – FILMING AND DESIGN

Timetable: Wednesdays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

Start: New program starts at the beginning of each school term

Participant contribution: \$3.30 per week, billed per term

During this program, participants will explore the world of arts and theatre while practicing techniques for film, prop design, creating moods and themes. Participants are supported to explore their interests in arts, film and theatrical design while building a profile of work to build on technique.

Program objectives:

- Explore imagination
- Increase confidence
- Build capacity to complete design independently
- Explore a variety of techniques to develop a portfolio of work



CLS – IN THE COMMUNITY

Timetable: Thursdays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

Start: New program starts at the beginning of each school term

Participant contribution: \$2 per week, billed per term

During this program, participants will build on their communication, language and speech skills in real world environments. Participants are supported to implement their communication strategies from their speech therapist (if they have one) and practice daily language and communication within various community situations.

Program objectives:

- Build communication skills.
- Increase confidence in community tasks.
- Utilise your individualised speech therapists' programs.
- Develop an individualised communication card for new environments.



OUT AND ABOUT FITNESS

Timetable: Thursdays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

Start: New program starts at the beginning of each school term

Participant

contribution: \$2 per week, billed per term

During this program, participants will explore opportunities to engage in physical activity and sports within our local community while networking and trialling new activities. Participants are supported to engage in a variety of active sessions such as pickle ball, wheelchair basketball, orienteering, swimming and muscle movement.

Program objectives:

- Increase physical activity levels and encourage healthy habits
- Develop connections with local community groups through sport and games
- Build on teamwork skills
- Increase confidence



STORY TELLER

Timetable: Fridays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

Start: New program starts at the beginning of each school term

Participant

contribution: \$3.30 per week, billed per term

During this program, participants will explore the art of story writing and imagination. Learn skills to develop ideas, themes, mood and illustration. Participants are supported to engage in each area of story development which progresses through each term program. We will look at building on ideas, mood boards, illustration, publishing, marketing and book release.

Program objectives:

- Build and develop skills in writing and short story creation.
- Build confidence.
- Build skills in plan development and following steps.



GARDENING AND WELLBEING

Timetable: Fridays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

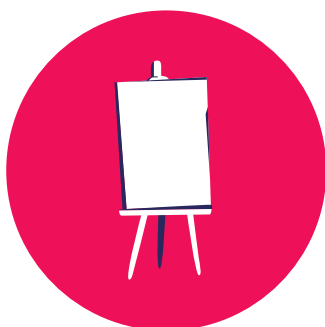
Start: New program starts at the beginning of each school term

Participant contribution: \$3.30 per week, billed per term

During this program, participants will explore the relationship between health, wellbeing and nature. They will also utilise the vegetable gardens and plots on site to grow seeds, seedlings and cuttings. Participants are supported to engage in a variety of physical and mental health skill building activities and will plan out and tend to seasonal vegetables and garden plots.

Program objectives:

- Develop an understanding of physical and mental health.
- Build independence.
- Develop gardening skills.
- Increase positive social connections with peers.



CREATIVE SPACE

Timetable: Fridays – 9am-3pm

Duration: One school term, maximum of 10 weeks per program

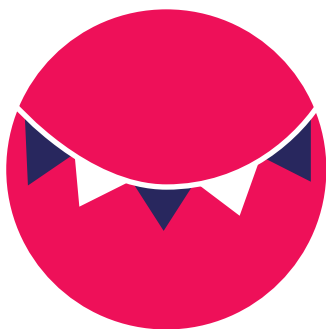
Start: New program starts at the beginning of each school term

Participant contribution: \$3.30 per week, billed per term

During this program, participants will explore their imagination in a creative environment while connecting with friends. Participants are supported to engage in a variety of creative activities including photography, collage, painting, pastel, chalk design and more.

Program objectives:

- Explore your own imagination.
- Build confidence in art and creative techniques.
- Build social connection with peers.



STRIVE HOLIDAY PROGRAM

Timetable: Monday - Friday – 9am-3pm
during school holidays

Duration: Two weeks during the term one, two and three breaks.
Three and six weeks at the end of term four
(summer school holidays).

Start: New program starts at the beginning of each school term

Participant

contribution: \$2 per day of engagement –
billed per program unless noted otherwise.

During this program, participants will explore a variety of social and community activities during holiday periods. They will build on their friendships, explore their local area and try something new.

Participants will be supported to access and try a range of new activities and build social connection with peers in a fun and friendly environment. If you elect to engage in the STRIVE Holiday Program, the program of support will fall on your regular days of engagement.

Program objectives:

- Explore and try new activities.
- Build confidence in community access.
- Build social connection with peers.

**FOR MORE INFORMATION
PLEASE CONTACT:**

Disability Services,
SWTAFE Warrnambool Campus

Email: disability.support@swtafe.edu.au

Phone: (03) 5564 8720