

# Provide relaxation massage (ShortCourse)

COURSE CODE	3120HBS023
LOCATIONS	Warrnambool
STUDY MODE	Short Course
Length	17 weeks
Commencement	Follow the book now button for upcoming dates
Timetable	Mondays 9.00am -3.30pm

## Course Overview

*This section gives you an introduction to what you will be learning in this course, plus course outcomes, career opportunities, and student support.*

### Introduction

This short course will help you develop the practical knowledge and hands-on skills needed to deliver professional relaxation massage services.

It's ideal for beginners with little or no experience or qualifications in massage or beauty. It's also suitable for those already working in the beauty industry who want to add a relaxation massage to their skillset. This course provides a strong foundation for further study in massage, beauty therapy, or the broader wellness industry.

### What will I Learn?

You will develop the practical knowledge and hands-on skills required to deliver professional relaxation massage services. You will also gain an understanding of the skin and body's structure and function, as well as foundational nutrition knowledge to support holistic client care in a beauty therapy setting.

## Course Outcomes and Career Opportunities

You may find entry-level roles as relaxation massage therapists, spa or beauty assistants, or start a home-based service.

## Course Requirements

*This section gives you an overview of entry requirements, course units and electives, skills recognition, and assessment criteria.*

### Entrance requirements & pre-requisites

You must be at least 17 years of age and have completed Year 11 or equivalent.

### For this course, you will need to:

- Provide photo ID to the trainer on the first day of the course
- Bring a pen and paper

- It is a requirement to have close and physical contact with another person

## Units offered

### Core Units

Unit Code	Unit Name	Unit Hours	Unit Consumables
SHBBBOS008	Provide body massages	100	\$220.00
SHBBSSC001	Incorporate knowledge of skin structure and functions into beauty therapy	60	\$0.00
SHBBSSC002	Incorporate knowledge of body structures and functions into beauty therapy	60	\$0.00
SHBXCCS006	Promote healthy nutritional options in a beauty therapy context	40	\$0.00

## Assessment

This course involves accredited units. You will be required to complete assessment tasks to demonstrate your underpinning knowledge, skills and attributes to meet the course outcomes. A combination of written, oral and practical assessment strategies will be used in either a classroom, online or workplace environment.

Where units require demonstration of skills in a workplace environment, you will have the opportunity to do this either in your own workplace (where appropriate), through a practical placement, or by using one of the Institute's simulated workshops/classrooms. Detailed information about the types, conduct and dates of assessments will be provided in advance. You will also be provided with information about the opportunity for reassessment and appeal.

## After booking

Once you have booked your place in a short course, you will receive an email confirming the date, time and location of the course, and instructions on the next steps of your enrolment process. A tax invoice/receipt is automatically emailed to you at the time of purchase.

If you don't receive this email within a day of booking, check your junk mail or contact [short.courses@swtafe.edu.au](mailto:short.courses@swtafe.edu.au).

### Complete a Pre-Training Review

You will receive an email to complete a Pre-Training Review online. This evaluation helps us ensure you receive any necessary support to achieve a successful outcome for your course. Failure to complete will incur a \$20 administration fee for a booking cancellation or transfer.

### Create or provide a Unique Student Identifier (USI)

A USI is a nationally recognised reference number that provides an online record of your training qualifications gained in Australia.

[Create your USI online](#), or already have a USI but can't remember it? [Find your USI online](#).

### Skills recognition

If you have experience or prior qualifications, you may be eligible to apply for [recognition of prior learning](#) and gain credits. You will be asked to provide any relevant Statement of Attainment to support identified credits.

## Fees

*This section gives you an overview of course fees, subsidies, and how they can be paid.*

## Course Fees

Here's an outline of fees and costs associated with your course.

Course Fees	\$450.00
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No concession or government funding applies

Additional course fees	Indicative Course Fee
Course consumable/materials (approximate)	\$0.00

## How do I pay for the short course?

Booking your short course is easy and starts online. Once you've completed your online booking, you can choose from the following convenient payment options:

- **Online:** pay securely via our online payment portal.
- **Over the phone:** we will call you to take EFTPOS payment over the phone using your credit or debit card.
- **In person:** visit your nearest campus to pay by card.
- **Authority to Invoice:** if you nominate a third party (such as your employer) to cover your course cost, we will email you an Authority to Invoice form.

## Next Steps

Ready to take the next step? Here you can make an enquiry, attend an information session or begin the application process.

## How to book for a short course

There are 5 simple steps when booking a short course with us.

1. **Book** – Book online and complete our enrolment details at [swtafe.edu.au](http://swtafe.edu.au)
2. **Verify** – You will be asked to verify your identity online as part of the booking process.
3. **Pay** – Pay online, in person, over the phone, or request an invoice for third-party payment.
4. **Assessment** – Some courses require a Language, Literacy and Numeracy (LLN) assessment. We'll let you know if it's needed.
5. **Attend** – Once confirmed, we'll email all the course details and any pre-reading required.

If need any assistance with completing your booking, contact our team via the live chat below, call 1300 648 911 or [visit your nearest campus](#).

## Careers and Course Advice

Not sure which course is right for you? South West TAFE will help you find your way.

Our Careers Coaches at the [Skills and Jobs Centre](#) is here to support you. Whether you're exploring career options, transitioning from school to the workforce or looking to study after school we're here to help you.

## Student Support

As a SWTAFE student, you can access a variety of support services that will enhance your study experience and help you complete your studies successfully. For more information about any of these services, [visit our student page](#).