

Aboriginal and Torres Strait Islander Mental Health First Aid (ShortCourse)

COURSE CODE	3120HUM218
LOCATIONS	Warrnambool, Portland, Hamilton
STUDY MODE	On Campus, Short Course
Length	Two days
Commencement	Follow the book now button for upcoming dates
Timetable	Two days, 9am – 4.30pm each day

Course Overview

This section gives you an introduction to what you will be learning in this course, plus course outcomes, career opportunities, and student support.

Study from home during COVID-19 restrictions

Whilst we pride ourselves on our hands-on training, we have had to adjust most of our courses for study from home and remote learning during the COVID-19 restrictions. This means courses will be delivered using a range of methods including online learning, virtual classrooms, workbooks and direct contact with your teacher.

Given the government restrictions that are now in place to reduce the spread of coronavirus in Australia, we expect this new model of study will continue until the government makes changes to these restrictions.

Introduction

Help the Aboriginal and Torres Strait Islander communities in times of need.

This course provides information on social and emotional wellbeing, mental health first aid interventions in Aboriginal and Torres Strait Islander communities, the signs and symptoms of mental ill health, where and how to get help, and what sort of help has been shown by research to be effective

What will I Learn?

During this course you will learn about:

- depression
- anxiety
- psychosis
- substance misuse
- suicidal thoughts and behaviours
- non-suicidal self-injury
- panic attacks
- traumatic events
- severe psychotic states
- severe effects from alcohol or other drug misuse
- aggressive behaviours.

Course Outcomes and Career Opportunities

On successful completion of this course, you will receive certification issued by Mental Health First Aid Australia.

Course Requirements

This section gives you an overview of entry requirements, course units and electives, skills recognition, and assessment criteria.

For this course, you will need to:

- provide photo ID to the trainer on the first day of the course
- bring a pen and paper
- wear casual clothing.

Units offered

This short course does not include accredited units and training.

Fees

This section gives you an overview of course fees, subsidies, and how they can be paid.

Course Fees

Here's an outline of fees and costs associated with your course.

Course fees by student type	Indicative Course Fee
Government subsidised rate (if eligible)	\$0.00
Concession rate	\$0.00
Full fee rate (if not eligible for govt subsidy)	\$295.00

Additional course fees	Indicative Course Fee
Course consumable/materials (approximate)	\$0.00

How do I pay for the short course?

You can book and pay for your place in a short course online by following the book now button. Alternatively, you can call us on 1300 648 911 or visit your nearest campus for assistance in your booking.

If your course is to be invoiced to a third party, (eg. Work Cover, employer or agency) an Authority to Invoice (ATI) form needs to be completed and signed by the third party. Please contact us via the live chat below, calling 1300 648 911, or email short.courses@swtafe.edu.au to receive the form.

Next Steps

Ready to take the next step? Here you can make an enquiry, attend an information session or begin the application process.

Careers and Course Advice

Not sure which course is right for you? South West TAFE will help you find your way.

Our Careers Coaches at the [Skills and Jobs Centre](#) is here to support you. Whether you're exploring career options, transitioning from school to the workforce or looking to study after school we're here to help you.

Student Support

As a SWTAFE student, you can access a variety of support services that will enhance your study experience and help you complete your studies successfully. For more information about any of these services, [visit our student page](#).